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## **Team Player Fundamentals Online Training**

### **The Four Essentials to Being Intentionally Open-Minded**

Here are four essentials that we offer for your consideration to check your points of view and open your mind to both better understand others and yourself, one of the fundamentals to being an effective team player:

#### **1. Objectivity**

- What are the facts, *being verifiable truths*, versus beliefs, *being trust and confidence in what is true that may not be verifiable*, behind your point of view?
- Where did you get your point of view?
  - Your experience? How many?
  - Someone else's experience? How many?
  - Imagined experience?

#### **2. Probe**

- Challenge your point of view. Why might it be incorrect, or not totally accurate?
  - Be the Devil's Advocate against what you think is right and wrong.
- Empathize with someone else's point of view. Why might it be equally correct, if not more accurate than yours?
  - Imagine being in their story, and why they might be right about what they think is right and wrong.

#### **3. Expand**

- What new information and experiences can you seek to have a more informed point of view?
  - When trying to expand your points of view, a great place to start includes:
    - Did you discover any holes, being lack of information that you had, from #1 Objectivity and #2 Probe?
    - Have you checked out your current understanding of other points of view?

#### **4. Notice**

- What new understanding do you have?
  - What new understanding do you have from #1 Objectivity, #2 Probe, and #3 Expand?